

Who knew we'd need another round of education at retirement age? From Medicare to Senior Housing, there is so much to learn. Twice a month, the staff of Senior Life will share some of the things you ought to know before you or your loved one gets any older.

Monthly Topics will include:

August 2008

What Does a Geriatric Care Manager do?
Are Your Worries About Your Parent Justified?

September 2008

What is the Difference between Assisted Living and Assitive Living?
What is the difference between Licensed Enriched Living and Assisted Living?

October 2008

What to Say When Your Loved One Forgets.
Something New: Easy to Wear Clothes

November 2008

Support Support Support : Where to Turn
Touring Time – What to ask

December 2008

“The Hospital Said Mom Can't Come Home.”
Recommended reading.

January 2009

Lions and Tigers and HIPPA Hurray!
Durable POA

February 2009

Respite Care
Does She Really Mean It? Words That Hurt.

March 2009

Personal Emergency Alarm Buttons.
Key Lock Boxes – Save Your Door, Save Your Life

April 2009

Helping A Senior Up From A Chair – The Easy Way
A House Full of Treasures – Where to Start

May 2009

Do You Need A Lawyer?
When To Stop Driving

June 2009

How to Get Around When You Aren't Driving.
Family Opinions: What To Do When Nobody Agrees.

July 2009

Veterans, Are You Getting Your Benefits?

What is the Difference Between a Companion and an Aide?